

# HUS 112 : Activity Therapy

This course provides an overview of various activity therapies. Emphasis is on the use of activity therapies to increase self-esteem, dignity, social interaction and for physical, social, emotional and intellectual development. Upon completion of this course, the student will be able to present different therapies and techniques for use in agencies, hospitals, and other settings.

**Program**

Human Services

**Hours** 3

**Theory Hours** 3

**Prerequisites**

Admission to Human Services Program and permission of instructor