

HUS 216 : Relapse Prevention

This course focuses on information needed to prevent an addiction relapse. Topics include identifying client needs and assisting in utilizing available support systems and community resources. Emphasis will be placed on procedures and strategies utilized by a counselor to identify client high risk situations, triggers, warning signs, coping skills, strengths and weaknesses. Upon completion the student will be able to work with a client to establish immediate and long term goals, treatment plans, resources, and coping skills necessary to prevent relapse.

Program

Human Services

Hours 3

Theory Hours 3

Prerequisites

Admission to Human Services Program and permission of instructor