

MSG 104: Musculo-Skeletal and Kinesiology I

This course introduces students to concepts related to the study of muscle movement. As part of this course students learn the interaction of muscles and various bony landmarks of the skeletal system. Students further learn how to position individuals in preparation for therapeutic massage of various muscle groups. Students will demonstrate this knowledge through cognitive and performance based measurement.

hours: 3

Theory Hours: 2

Prerequisites:

Admission into program

Program: *Massage Therapy*